



OVERVIEW OF THE SONC GOLF TOUR

The SONC Golf Tour is a series of competition opportunities that provides Special Olympics North Carolina athletes and Unified partners with a competition structure that allows them to compete in golf year-round while enjoying a variety of the golf courses North Carolina offers.

The SONC Golf Tour is open to athletes of all abilities and experience in the sport of golf. There are no minimum score requirements to participate in Golf Tour competitions for any of the five golf levels. SONC encourages local programs to offer these opportunities to athletes looking to get started in golf as a way to gain competition experience.

COMPETITIONS

Competition in all levels of golf play (including individual skills) will be offered throughout the tour but may not be available at each tour stop. Depending on the availability of the golf course and the number of interested athletes, some levels of play may not be offered at a particular tour stop.

As SONC continues to emphasize the use of the GHIN Handicap system and athletes' handicaps, levels 4 and 5 will play according to their handicaps at SONC Golf Tour stops. This means that athletes will be divisioned according to their handicap. The goal of using athletes' handicaps is to utilize these handicaps to create an even playing field for all athletes regardless of ability level.

SONC Golf Tour competitions will abide by USGA Rules of Golf with modifications set forth in the SOI Golf Rules and SONC Golf Rules Modifications. Local rules may apply by course and will be communicated to participants before the start of competition.

SCORING AND AWARDS

Competing athletes and Unified partners will be awarded a participation ribbon at each tour stop based on traditional Special Olympics awards protocols. It is the intention of SONC to present placement awards at Golf Tour competitions where the number of participants allows for proper divisioning.

GOLF TOUR SCHEDULE

Official Golf Tour competitions begin in May and continue through October. Visit the [SONC Coach and Resources webpage](#) for the full SONC Golf Tour schedule.

QUESTIONS?

If you are interested in hosting a SONC Golf Tour stop, or have questions about the Golf Tour, contact the SONC Sports Department at sports@sonc.net.