



Overview

A Special Olympics North Carolina Sport Assistant position is a great way to get involved with a local program and be a part of a coaching team. This position does not require any sport-specific training and all prerequisites can be done online at no charge. This position is ideal for youth looking to get involved in Special Olympics and would like to continue the path to becoming a certified coach.

Time and Resource Commitment

- 2 hours per week for 6-8 weeks
- Access to internet and mobile phone is helpful, but not required
- Reports to and supports the coaching team in a specific sport during the season
- Some travel may be involved, but is not required

Key Responsibilities

- Assist head coaches and assistant coaches with sports and non-sports training activities as assigned
- Assist coaching team during practice to help lay out drills, assemble groups and manage drill stations
- Create and maintain a positive and fun environment for all athletes and Unified partners
- Know and understand the sport being coached enough to be of assistance to the coaching team
- Abide by all SONC and SOI policies and procedures, which includes communicating with and following the direction of the local program coordinator and coaching team

Training and Certification Requirements

- Individual must be a minimum age 14 years old with a government issued ID (driver's license, military ID or passport)- a school ID is acceptable for volunteers ages 14-17
- Complete a Volunteer Screening Form and successfully clear a background check for those over the age of 18
- Hold all requirements of a [Special Olympics North Carolina Sport Assistant](#)