

# Special Olympics Gaston County



**Special Olympics offers local program training in various sports for athletes, ages 8 and above. Athletes ages 2-7 can participate in in-school training opportunities and young athletes activities.**

## **Local Competition Opportunities for all athletes:**

Young Athletes Day (fall) (athletes ages 2-7 and unified partners)

Unified Basketball Tournament (late winter)

Fall Bowling Tournament (October/November)

Spring Games (April/May)

## **Local Sport Opportunities (ages 8 and above):**

**Fall: Soccer, Soccer Skills, Softball, Softball Skills, Cornhole League, Bowling League, Swimming Training Season, Skating, Bocce**

**Winter: Skiing, Basketball, Cheerleading**

**Spring: Bowling, Swimming, Volleyball and Volleyball Skills, Track and Field, unified flag football, Basketball**



## **Need More Information?**

Tracy Rikard and Jacob Huffman, athletes and Global Messengers for Special Olympics North Carolina, compete here in Gaston County, provide free informational speeches about how to become a volunteer, the benefits of volunteering and competing, and can answer any of your questions.

To schedule a speech or informational session, please contact:

Ashley Anderson at [gaston@sonc.net](mailto:gaston@sonc.net)

## **Interested in becoming involved with Special Olympics?**

Please contact Ashley Anderson, local coordinator, at [gaston@sonc.net](mailto:gaston@sonc.net), to register an athlete, become a volunteer, or get more information.

Visit [sonc.net](http://sonc.net) for more information about Special Olympics North Carolina