



Track & Field Schedule



Reminder: Athletics competition is only on Saturday, June 4

Staging for each event will begin at least 15 minutes before the scheduled time. Please pay attention to the staging announcements throughout the day. Times are approximate and may vary. Listen for heat and event announcements.

Staging	Event Time	Track Events	Heats	Staging	Event Time	Field Events	Divisions
9:15 AM	9:30 AM	1500m Run	01	9:15 AM	9:30 AM	Standing Long Jump	01-02
9:15 AM	9:45 AM	100m Dash	02-05	9:30 AM	9:45 AM	Softball Throw	03-07
9:55 AM		100m Dash	06-10	10:10 AM		Softball Throw	08-12
10:20 AM		100m Dash	11-14	10:10 AM		Tennis Ball Throw	13
10:20 AM		100m Walk	15				
10:20 AM		100m Wheelchair Race	16				
10:45 AM	11:00 AM	50m Dash	17-21	10:45 AM	11:00 AM	Running Long Jump	14-17
10:45 AM		50m Walk	22-23	11:30 AM		Running Long Jump	18-20
10:45 AM		50m Motorized Wheelchair Slalom	24				
11:15 AM	11:30 AM	10m Assisted Walk	25				
11:15 AM		800m Run	26-27				
11:15 AM		25m Assisted Walk	28				
	12:15 PM	Lunch Break	BREAK		12:15 PM	Lunch Break	
12:45 PM	1:00 PM	200m Dash	29-31				
1:05 PM		200m Dash	32-35				
1:05 PM		200m Wheelchair Race	36				
1:30 PM	1:45 PM	25m Dash	37-38	1:30 PM	1:45 PM	Mini-Javelin (300g)	21-24
1:30 PM		30m Motorized Wheelchair Slalom	39	1:30 PM		Shot Put	25-30
1:30 PM		25m Walk	40	2:00 PM		Mini-Javelin (400g)	32-37
2:30 PM	2:45 PM	400m Dash	41-43				
2:30 PM		400m Walk	44				
3:00 PM	3:15 PM	4x100m Relay FINAL	45-47				

Staging for relay will begin at the time above or after all participants in the relay also competing in the mini-jav have completed their competition and awards for that event.

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