



For those looking to host any in-person activities, please make sure that you check off each box below before holding your activity.

- The county where the activity will be held is not classified as having critical spread of COVID-19 based on the [NC Dept Health & Human Services County Alert System](#).
- Complete the [online request form for in-person activities](#).
- Thoroughly read through SONC's [Return to Activities Protocol](#).
- Check to see that everyone involved is comfortable with the in-person activity.
- The activity will be held outdoors only (inclement weather results in cancellation).
- There will be 10 or less people who will be in attendance.
- If the activity is for sports training or is multiple days, there is a consistent group of the same 10 or less people. No cross over of people between sports trainings or activities.
- Agree that participants will wear a mask at all times while in-person.
- The [Who is at High Risk? Fact Sheet](#) has been shared with all participants.
- The [Code of Conduct and Communicable Disease Waiver form](#) has been signed by all in-person participants (athletes and volunteers).
- All athletes have up-to-date Athlete Participation Packets.
- All [guidelines](#) for in-person gatherings provided by both the state of North Carolina, local entities and relevant facilities, and those laid out in the [code of conduct](#) will be followed.
- The mandatory **on-site screening process** will be conducted and followed.
- The venue will be adequately prepared following the steps laid out by SONC, including providing Personal Protective Equipment (or PPE) and social distancing measures.