



REMINDERS:

- All participants to be reminded that they **must** stay home if they are sick or showing signs and symptoms of COVID-19 or have been exposed to someone who has had COVID-19. They should be encouraged to contact their healthcare provider if they are feeling unwell.
- Before the start of any Special Olympics NC event/practice/training/competition (during Phases 1 and 2), a screening of all participants must be conducted to assess if anyone is showing signs or symptoms of COVID-19. All participants at an event, training, or practice, must be documented in case someone in attendance is diagnosed with COVID-19 and contact tracing is needed.

SCREENING PROTOCOL:

1. Create **single point of entry** that allows participants to enter one at a time and place proper directional signage. Signage can be found on the [SONC website](#).
2. Set-up a **space for screening** that maintains physical distance (6ft/2m) during screening. It might be necessary for you to use tape, cones, or other markers to indicate what 6 feet or 2m looks like so participants know where to stand.
3. Make sure you have all of the **necessary supplies** for a proper screening including: thermometer, gloves, masks, hand sanitizer, disinfectant wipes, pens, [Code of conduct forms](#) for participants to sign.
4. **Ask the following questions** (reinforced through visuals and verbally, such as a poster/paper with icons).
 - a. In the last 14 days, have you had contact with someone who has been sick with COVID-19?
 - b. Have you had a fever in the last week (temperature of 100.4°F/37.8°C or higher)?
 - c. Do you have a cough and/or difficulty breathing?
 - d. Do you have any other signs or symptoms of COVID-19 (fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea)?
5. Conduct **onsite measurement of temperature** using thermometer (preferred non-touch thermal scanning thermometer if possible).
 - A fever equals a temperature of 100.4°F/37.8°C or higher.
 - If high, may re-test after 5 minutes to ensure temperature is accurate.

If yes to any questions or a fever is detected, participants must be isolated from the group (at minimum, kept 2m/6ft apart from others and with mask on), be sent home, and instructed to contact their healthcare provider for evaluation.

- Participants who are found to have COVID-19 symptoms must wait 7 days after symptoms resolve to return to activity OR must provide written proof of physician clearance to Special Olympics to return earlier.
 - Participants who test positive for/have COVID-19 must provide written medical clearance before returning to sport and fitness activities.
6. **Record** all names, question/temperature results and cell phone number and **submit all logs to SONC** at registration@sonc.net. These will be kept in case needed for contact tracing or reporting ([Template available on the SONC website](#)).
 7. Throughout the event/practice/training/competition **remind participants** of infection prevention protocols (e.g. facemasks, physical distancing, hygiene, and disinfection/sanitation). Sample signage and reminders available.