

SONC Local Committee Health Chair



Special Olympics North Carolina is excited to be pursuing the opportunity to enhance athlete's health in many ways. The establishment of a health committee member on your county's planning committee will help connect health resources to athletes and community, increase athlete numbers, and eliminate many common barriers to health care in your community.

Minimum responsibilities:

- Attend all planning committee meetings and report on health-related program updates
- Hold health committee meetings as required
- Ensure athletes are able to complete all sections of Athlete Participation Forms (APFs) every three years, including a physical from a medical professional and parental consent, if applicable
- Assist in planning health focused events, such as MedFest or Healthy Athletes screenings where Special Olympics athletes can obtain physicals and APF forms, health education, and information on local healthcare resources
- Recruit medical professionals to serve as first responders at events such as Spring Games (i.e. doctors, nurses, EMS, athletic trainers).
- Recruit and build a health committee or subcommittee
- Serve as a liaison between health resources (primary care physicians, hospitals, healthcare organizations, etc.) and Special Olympics in your county
- Serve as a liaison between the SONC Health Director and your local Special Olympics program
- Create new partnerships between health resources and Special Olympics in your county
- Work with your Local Coordinator to ensure athletes obtain Athlete Physical Forms

Additional potential responsibilities:

- Use a system such as an Excel spreadsheet to track health activity
- Communicate regularly with the local program coordinators on any necessary changes to programming.