



## Gymnastics – Sport Rules Modifications, Interpretations, and Points of Emphasis

The Official Special Olympics Sports Rules for [Artistic](#) and [Rhythmic](#) Gymnastics dated June 2018 will be in effect for the 2019-2020 program year. This document is intended to be used in conjunction with [USA Gymnastics rules](#) and SOI Rules; therefore, those rules are not repeated here but they will be enforced unless in direct conflict to SONC modifications.

### Appropriate Attire and Equipment

- For proper placement/size/color of SONC and local program logos on uniforms and equipment worn and used by athletes and coaches, please refer to the SONC Uniform and Logo Guidelines document.

### Competition Interpretations and Modifications

- Refer to SOI section 5.2 and 5.3 of the artistic rules and section 5.1 of the rhythmic rules for information regarding crossing levels.
- Refer to SOI section 9 of the artistic rules and section 16 of the rhythmic rules for routines. The written text is the official version.
- Athletes must compete in all events to be registered for All-Around. Awards will be presented for each event and for All-Around honors. If an athlete entered in All-Around receives no score in **any one** of the events, then they are not eligible for an award in the All-Around event.
- Refer to SOI section 5.6 of the artistic rules and section 5.3 of the rhythmic rules for coaching assistance penalties.
- Refer to SOI section 6 of the artistic rules regarding coach spotting requirements.

### Summer Games

- Artistic Gymnastics compulsory routines and music are available for streaming [online](#).
  - The Sport Development Team highly recommends at least 12-16 weeks of training prior to Summer Games.
- New artistic routines are posted on the [SONC gymnastics sport webpage](#). **These routines will be used for 2020 Summer Games.**