



## **SONC Local Committee Health Chair**

Special Olympics North Carolina is excited to ensure an athlete's participation in sport programming is simultaneously enhancing his/her health and wellbeing. The establishment of a local committee health chair will help connect athletes to health and community resources, increase athlete numbers, and eliminate many common barriers to healthcare in the community.

### Minimum responsibilities:

- Attend all planning committee meeting and report on health-related program updates
- Assist in planning health focused events, such as MedFest or Healthy Athletes screenings where Special Olympics athletes can obtain physicals, health education, and information on local healthcare resources
- Aid in the recruitment of local health professionals to offer opportunities such as fitness programming or nutrition education
- Serve as a liaison between health resources (primary care physicians, hospitals, healthcare organizations, etc.) and Special Olympics in your county
- Serve as a liaison between the SONC Health Director and the local program
- Aid in developing and maintaining local health partnerships

### Additional potential responsibilities:

- Track regional health activity
- Develop a strategic plan around Special Olympics health in your local program
- Develop and maintain a local health committee