

## School Based Offerings

Local Competitions for School-Based Programs for:

### Fall Games

#### October

- Soccer
- Soccer Skills
- Roller Skating
- Bocce
- Bocce Skills

### Winter Games

#### January

- Ice Skating
- Basketball Teams
- Basketball Individual Skills
- Cheerleading
- Young Athletes Program

### Spring Games

#### April

- Track & Field
- Softball Teams
- Softball Skills
- Swimming
- Motor Activities
- Young Athletes Program

SOMC works closely with the Char-Meck school system to offer a comprehensive school based program. To find out what is offered at your school, contact CMS Adapted PE Dept, 980-343-2684.

## Get Involved

As an athlete, there are a few ways for your family and friends to get involved:

- **Volunteer**  
Become a coach, join a committee or help on the day of events. Whatever your skills, Special Olympics can find a place for you.
- **Fundraise**  
Increase awareness about Special Olympic athletes through fundraising campaigns and donor drives.
- **Cheer**  
Attend Local Competitions and show your pride by cheering on the athletes.

For more information, contact Greg Morrill at 704-358-1935, ext. 162.

Mecklenburg  
County  
Special  
Olympics  
North Carolina



Stay in Touch

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Family Guide

Community Based  
Programs

There are many ways that you can participate in Special Olympics Mecklenburg County.

Look inside to learn more!

On the web:  
[sonc.net/Mecklenburg](http://sonc.net/Mecklenburg)

## What is Special Olympics?

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities or closely related developmental disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes and the community.

Special Olympics is a non-profit organization that does not receive funds from any local government body or the United Way. The local program is supported through corporate contributions, special events, civic groups, foundations and individual donations.

## Benefits for Athletes

Participating in the Special Olympics gives your child the opportunity to:

- Build confidence
- Improve health
- Learn a sport
- Develop a skill
- Form friendships
- Become a part of a community

## Who is Eligible?

Special Olympics training and competition is open to anyone with an intellectual disability or closely related developmental disability who is at least 8 years old and who registers to participate in Special Olympics as required by the Special Olympics General Rules.

Prior to participation, an **Athlete Participation Form** must be completed and on file with SOMC.

Special Olympics training and competition is provided at no cost to the participant.



## Calendar of Events

Sports Offered for *Community-Based Programs* for:

### Fall Sport

- Soccer
- Roller Skating
- Bocce
- Tennis
- Golf
- Flag Football

### Winter Sports

- Ice Skating
- Basketball
- Cheerleading

### Spring Sports

- Track & Field
- Softball
- Swimming
- Bowling
- Cheerleading
- Gymnastics
- Cycling

In addition to these sports opportunities, we have Unified Sports Programs throughout the year in various sports.

For detailed information with dates and locations, check out the Special Olympics Mecklenburg County website: [sonc.net/mecklenburg](http://sonc.net/mecklenburg)