

Fact Sheet

Special Olympics
North Carolina



Special Olympics Mission

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

How to get involved

Volunteer: Volunteers are needed year-round in a variety of roles including coach, fund raiser, day-of-event volunteer, office assistant or local program committee member.

Donate: Special Olympics athletes are never charged a fee to participate. All expenses are paid for through generous donations of funds or services from individuals and businesses.

Be a Unified Partner: Unified Sports is an inclusive sports program that combines an approximately equal number of Special Olympics athletes (individuals with intellectual disabilities) and Unified Partners (individuals without intellectual disabilities) on teams for training and competition.

Sports in NC

- Alpine skiing & snowboarding
- Athletics
- Basketball
- Bocce
- Bowling
- Cheerleading
- Cycling
- Equestrian
- Figure skating
- Golf
- Gymnastics
- Powerlifting
- Rollerskating
- Soccer
- Softball
- Speed skating
- Swimming
- Tennis
- Volleyball

39,820

Athletes

19

Sports Offered



About Special Olympics North Carolina

463

Competitions



42,913

Volunteers



303

Unified Champion Schools



1,308

Healthy Athlete Screenings



7 disciplines offered

Special Olympics NC state-level events

SONC Equestrian Tournament	September 28-30, 2018
SONC Fall Tournament	November 9-11, 2018
SONC Alpine Skiing & Snowboarding	January 6-7, 2019
SONC Summer Games	June 1-3, 2018

To learn more about Special Olympics North Carolina, visit:
www.sonc.net