

# 2018 "NOT-SO" POLAR PLUNGE

**SATURDAY  
MARCH  
17<sup>TH</sup>**



**MAKE A  
SPLASH ON  
ST. PATTY'S  
DAY!**

*Pre-register at Alleghany Wellness Center  
by March 5 to guarantee a T-shirt!*

**Alleghany Wellness Center  
Collins Rd in Sparta, NC  
Registration: 3:30-4:30**

**Costume Parade: 4:45  
Plunge: 5:15  
Supper: 5:45-6:45**

**Irish Stew • Chili • Hotdogs • Dessert**

**Adult Plungers raise a minimum of \$50 • Plungers 18 & under \$25  
Includes free T-shirt • Costume Contest (optional) • Prizes Awarded**

**For more information :**

BJ Edwards: 336-372-8220  
alleghanySONC@gmail.com

**Entertainment**

Alleghany JAM: 3:30-4:30  
Robin Cater & Friends  
During Supper

All Proceeds to benefit



Special Olympics  
Alleghany County