



Special Olympics Southeast Winter Games February 4-6, 2018



Sunday

Lunch on your own. The cafeteria at Appalachian Ski Mountain can prepare special price box lunches for the weekend. Funds for these lunches must be covered by the local program ahead of time, and please contact Carla at 828-295-7828 to arrange. Please give at least two weeks notice.

1pm – 1:45 PM **Registration – Appalachian Ski Mtn, Snow Cloud Room.
Please be on time.**

Hotel Check-In is available after 3 PM

1:15 PM **Required Coaches Meeting, Snow Cloud Room**
(All coaches and chaperones need to attend this session.)

1:45 PM Go through regular equipment check-out. **Get boots first, put on, then
get skies or snowboard.** Take skis/snowboards to equipment corral.

Make sure the tape with bib # is on boots and skis

2:15 PM Opening Ceremonies

2:45 PM Athletes will go to color coded staging areas for grouping of classes.

YELLOW:	Meet at Yellow flag <u>without</u> skis
GREEN:	Green flag at #1 chairlift
BLUE:	Blue flag left of #2 chairlift
BLACK:	Black flag at left of #2 chairlift
Snowboard Group	Red Flag at Base of #3 chair

3-5 PM Instruction for Athletes

5 PM Athletes' equipment and coaches' personal equipment will be stored in
the equipment room behind the video games. Coaches renting
equipment will return equipment downstairs where it was checked out.

Depart for Hotels



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Monday

7 - 8:30 AM	Breakfast on your own
8:30 – 9 AM	Depart for Appalachian Ski Mtn.
9:15 AM	Head of Delegation Morning Meeting in Snow Cloud Room
9 - 9:45 AM	Equipment check-out at Appalachian Ski Mtn. Coaches (with their own equipment) & athletes get boots from the equipment room behind the video games, 2nd floor.
9:45 AM	Pick up skis in front of the Lodge at Special Olympics ski corral Coaches renting equipment go downstairs (<i>a rental form will be needed</i>)
10 AM	Meet at color coded staging area on the snow.
10 - 12 PM	Instruction yellow, green and snowboard Time trials for blue and black
12 - 1:15 PM	Lunch on your own Return skis to ski corral
1:30 PM	Meet at the color coded staging area on the snow.
1:30 - 3:30 PM	Time trial for yellow, green, and snowboard groups Slalom race for blue & black groups
3:30 PM	Athletes' equipment and coaches (with their own equipment) will be stored in the Special Olympics equipment room behind the video games, 2nd floor. Coaches renting equipment must return equipment downstairs where it was checked out.
6:30 PM	Banquet at Meadowbrook Inn, Blowing Rock
8 - 9:30 PM	Dance at Meadowbrook Inn, Blowing Rock



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Tuesday

- 8:30 AM Breakfast on your own
Hotel checkout before departing for slopes.
- 8:30 – 9 AM Depart for Slopes
- 9:15 AM Head of Delegation Morning Meeting in Snow Cloud Room
- 9 - 9:45 AM Equipment checkout, Appalachian Ski Mtn.
Coaches (with their own equipment) and athletes get boots in the Special Olympic equipment room behind the video games.
- Skis will be in the ski corral
- Coaches renting equipment go downstairs (*a rental form will be needed*)
- 10 AM Meet at color coded staging area on the snow.

COMPETITION **With Awards Following Competition**

- 10:30 AM Yellow Group
- 11:00 AM Green Group
- 11:15 AM Blue Group
- 11:30 AM Black and Snowboard Groups

Lunch on your own after competition and awards.

Athletes and coaches may continue to ski after completion of awards. Please turn in equipment to the rental department downstairs and race bibs to the French-Swiss office prior to departure.

Finished with Skiing Depart for home