



**Special Olympics North Carolina
Winter Games – Alpine Skiing & Snowboarding
January 7-8, 2018**



Sunday, January 7 – Luch On Your Own

- 12-12:45 PM Check in @ Appalachian Ski. Mtn., Snow Cloud Room
Please Be On Time
- 12:15 PM Coaches meeting, Snow Cloud Room. **Required for all coaches/chaperones** (All coaches need to attend this session).
- 12:45 PM Go through regular equipment check out.
GET BOOTS FIRST, PUT ON, THEN GET SKIS or SNOWBOARD

Make sure the tape with the bib # is on boots and skis
- 1:30 PM Opening Ceremonies
- 2:00 PM Athletes will go to color coded staging areas for grouping of classes.
YELLOW: Meet at "Ski School" sign
GREEN: Base of #1 chairlift
BLUE: Left of #2 chairlift
BLACK: Left of #2 chairlift
Snowboard Group American Flag Base of #3 chair
- 2:15-4:15 PM Instruction for Athletes
- 2:30-3:40 PM Instruction for Coaches - Meet at the "Ski School Meets Here" Sign
- 4:00 PM Athletes' equipment and coaches' (with their own equipment) will be stored in the Special Olympics equipment room behind the video games. Coaches **renting** equipment will **return** equipment **downstairs** where it was checked out.

Depart for Hotel – Hotel check in available **after** 3pm
- 6:30 PM Banquet at the Meadowbrook Inn
- 8:00-9:30 PM Dance

Monday, January 8

7:00-8:30 AM	Complimentary continental breakfast at hotel/check out of hotel
8:30-9:00 AM	Depart for Appalachian Ski Mtn.
9:15 AM	Head of Delegation meeting in Snow Cloud room.
9:00-9:45 AM	Equipment check-out at Appalachian Ski Mtn. Coaches (with their own equipment) & athletes get boots from the equipment room behind the video games on the 2nd floor of the lodge. Pick up skis in front of the lodge at the ski corral. Coaches renting equipment go downstairs to rental area (<i>you must fill out a new rental form each day for your equipment.</i>)
10:00 AM- 12:30 PM	Instruction and time trials. Meet at color coded staging area on the snow.
12:30-1:45 PM	Return skis to ski corral Lunch on your own
1:45 PM	All athletes meet group at color coded staging areas on the snow.
2:00 PM	Yellow competition begins Snowboard competition begins
2:15 PM	Green competition begins
2:30 PM	Blue & Black competition begins Awards given after each division concludes competition <i>Athletes and coaches may continue to ski after completion of awards. Please turn in equipment to the rental department downstairs and race bibs to the French-Swiss office prior to departure.</i>
4:00 PM	Depart for home