

NOTICE OF RACE
Lake Norman Special Olympics Open Regatta
09/08/17– 09/10/17
Lake Norman Yacht Club
297 Yacht Rd. (physical address)
Mooreville, NC 28117
www.lakenormanyachtclub.com

SITE: Lake Norman Yacht Club

1. ELIGIBILITY

Special Olympics is a program of sports training and athletic competition for children and adults with intellectual disabilities. Unified partners must be registered as a volunteer with Special Olympics. All coaches must have an up to date medical record on athletes for them to participate.

2. RULES

This regatta will be governed by the current Special Olympics Unified Sports Rules, the Racing Rules of Sailing (Note these are stated in the RRS part 1.3 and the definition of “rules”)

3. SCHEDULE OF RACES

Friday, Sept. 08

Lunch on your own

1:00 PM	Club open for practice
6:00-7:00 pm	Dinner at LNYC
7:00-8:00 pm	Opening ceremonies and Torch Lighting ceremony at LNYC

Saturday, Sept. 09

	Breakfast on your own. Coffee and water at LNYC
9:00 AM	Begin rigging
9:30 AM	Coaches Meeting
10:15 AM	First Warning Signal, subsequent races to follow
11:30-12:30	Lunch will be served on rotating basis
6:00-7:00 PM	Dinner LNYC
7:00-10:00 PM	Victory Dance with DJ at LNYC

Sunday, Sept 10

	Breakfast on your own. Coffee and water at LNYC
9:00am	Begin rigging
10:00am	First Warning Signal, subsequent races to follow.
	No races start after 1:00 PM.
	Lunch when races completed followed by awards and closing ceremony.
	Travel safely home!

4. FORMAT

The regatta will be run in both Flying Scot's and Collegiate 420s, depending on the preference of the athlete and the unified partner. We will have as many divisions of each fleet as necessary to accommodate athletes and partners. They will be denoted as follows: Each division will sail 2 races consecutively then rotate with the next division.

5. SCORING

Low point scoring system Racing Rules of Sailing Appendix A2 will be used. As many races as possible will be conducted and all races will be scored. This changes Appendix A2.. If Special Olympics has a different scoring system the regatta will defer to that system.

6. AWARDS & TROPHIES

There will be medals for places 1-3 for each division. There will be no overall trophies

7. FEES

No fees are required.

8. SAILING INSTRUCTIONS

Sailing Instructions will be available upon check-in.

9. BOATS

Both Collegiate 420s and Flying Scot's will be used.

10. RACING AREA

It will be directly in front of LNYC as the wind dictates. Rotations will be done off A Dock at LNYC.

11. Meals

Lunches are provided free of charge for athletes, unified partners, volunteers, coaches. Dinner will be provided for athletes, unified partners, volunteers, coaches only. Meals will be available for purchase for family members and guest at a moderate cost of \$5.00 per plate.

12. DIRECTIONS to LNYC

Coming from the South, Take exit **33** from I-77 N – Turn left onto Williamson Rd. Approximately 2 miles at the traffic light turn left onto Brawley School Rd. and continue to the traffic circle. At the traffic circle take the 2nd exit which continues to be Brawley School Rd.

.7 miles make a left onto Yacht Rd

.8 miles you will see the entrance to LNYC on your left.

Or

Coming from the North, take exit 36 from I-77S and turn right at the top of the ramp onto

NC 150. Go approximately ½ mile turn left at the top of the hill and traffic light onto Williamson Rd. Approximately .9 miles, at the traffic light, turn right onto Brawley School Rd and continue to the traffic circle.

At the traffic circle take the 2nd exit which continues to be Brawley School Rd.

.7 miles make a left onto Yacht Rd

.8 miles you will see the entrance to LNYC on your left.

13. LODGING

Towne Place Suites by Marriott

139 Gateway Boulevard

Mooresville, NC 28117

towneplacesales@gmail.com

To reserve rooms please contact:

Christine Patterson

Director of Sales

704-658-3076 Office Phone

704-658-2317 Hotel Fax

Room Rate TBD for a King Suite with a pull out sofa or a Double Room with a kitchen.

14. INFORMATION

For More Information please contact: Lisa Chambers – 704-560-9310 –

ljcinc83@aol.com