

Training Courses and Requirements for Class A Volunteers and Coaches

Training	Approximate Length of Training	Format	Class A Volunteer	Unified Partner	HOD	Certified Coach	Advanced Certified Coach	Renewal Requirements	Cost
Volunteer Screening Form <i>(SONC will perform a background check on volunteers age 18+)</i>	5 minutes	Form	X		X	X	X	N/A	Free
Unified Partner Form <i>(SONC will perform a background check on Unified Partners age 18+)</i>	5 minutes	Form (age 18+) Form (minors)		X					
Protective Behaviors <i>(Required for those age 16+)</i>	15 minutes	Online	X	X	X	X	X	Every 3 years	Free
General Orientation	15 minutes	Online Study Guide Test			X	X	X	N/A	Free
Concussion Training	1 hour	Online <i>Please send certificate of completion to sports@sonc.net to receive credit for this course.</i>				X	X	Every 3 years	Free
Coaching Special Olympics Athletes	3 hours	Online				X	X	N/A	\$16.95
Sport Specific Training School	In person: 3-5 hours Recertification: 20 minutes	Initial Training: In person at training school				X	X	Every 3 years Online test <i>(found on sport web page)</i> or in-person training school	\$10 (charged to local program)
Practicum Hours	10 hours	Working with athletes in that sport				X	X	N/A	Free
Principles of Coaching	3 hours	Online Study Guide Test					X	N/A	Free
Sportsmanship	30 minutes	Online					X	N/A	Free
Coaching Unified Sports	1 hour	Online		<i>Helpful, not required</i>		X <i>(if coaching Unified Sports)</i>		N/A	Free
A Coach's Playbook: Introduction to Autism and Instructional Strategies for Coaching	2 hours	Online		<i>Currently not required, but highly recommended for all coaches and Unified Partners.</i>					Free
Making the Most of Your Practice	3 hours	In-person <i>(by request of Local Coordinator)</i>		<i>Currently not required but highly recommended for all coaches.</i>					Free