

Healthy Athletes Screenings

Summer Games 2016

14 trained Special Olympics
North Carolina Clinical
Directors



730 screenings
conducted in 7 Healthy
Athletes disciplines

216 total health
volunteers



Special Olympics Fit Feet



103 Athletes Screened
Out of the 103 screened:

80% were wearing the wrong
size shoe

31% had excessive toenail
length leading to blisters

Special Olympics FUNfitness



91 Athletes Screened
Out of the 91 screened:

33% take part in physical
activity 2 or less days per week

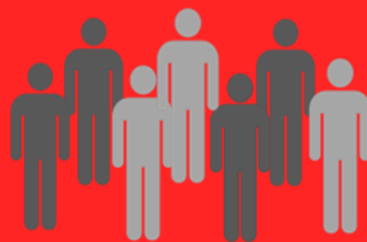
20% state that their physical
activity comes solely from
Special Olympics participation

Special Olympics Healthy Hearing



74 Athletes Screened
Out of the 74 screened:

43% failed the basic exam and
were given a higher level test
on-site



Special Olympics Health Promotion



61 Athletes Screened
Out of the 61 screened:

69% were obese
or morbidly obese

29% had high
blood pressure

Special Olympics Lions Clubs International Opening Eyes®



80 Athletes Screened
Out of the 80 screened:

36% were fitted with prescription
glasses

Special Olympics Special Smiles®



194 Athletes Screened
Out of the 194 screened:

31% had untreated
tooth decay

34% were fitted
with a mouth guard

Special Olympics Strong Minds



127 Athletes Screened
Out of the 127 screened:

100% stated that they will use one or more
of the strategies learned to help relax before,
during and after competitions